

# NYAKA Volunteer & Visitor Guide

*"For Our Children's Sake"*

## Welcome to the NYAKA Volunteer & Visitor Guide

Uganda's AIDS epidemic has resulted in 2.2 million children who have lost one or both parents, out of a population of just over 30 million. Due to a lack of government-subsidized education, extended families and orphanages face an enormous financial barrier to educating Uganda's children.

Nyaka is a haven of hope in a country ravaged by extreme poverty and disease. With 307 orphans attending two schools, Nyaka is helping to provide much needed services to AIDS orphans in rural, southwestern Uganda.

### Volunteer Programs

Nyaka has many opportunities for volunteers, teams, mission groups, and all people interested in making a difference in children's lives. The only qualification is your willingness to serve and experience life like you have never done before. You will find a way of impacting this deserving community and the children at our schools.

### Skills Needed

The sky is the limit at Nyaka. People of all skills and abilities can make a positive contribution. Of course we are always interested in volunteers with the following skills: construction, social work, education, college and high school students, agriculture, business, fundraising, and marketing. Whatever your interest is, you will have the opportunity to serve these children, and you will also gain the experience of a lifetime as you learn from them and the community they live in. See our website for a list of Nyaka programs: <http://www.nyakaschool.org/programs.php>

### Top 10 List of the Benefits of Volunteering at Nyaka

- 1.) Feel the power of making a difference in the life of a child!
- 2.) Have a life-changing experience that is priceless!
- 3.) Visit and experience the beauty of Uganda while making a difference in the lives of orphaned children!
- 4.) Gain valuable international work experience!
- 5.) Learn and develop new skills!
- 6.) Experience Ugandan culture firsthand!
- 7.) Gain an opportunity to share your skills!
- 8.) Listen to the music, watch the dances, and even dance along with the children of Nyaka!
- 9.) See firsthand how Nyaka is saving lives in the community!
- 10.) Build self-esteem and self-confidence!



### VOLUNTEER TESTIMONIAL

#### Jennifer Thomson - Nyaka Board Member

In early 2002, I had the opportunity to visit what was then the construction site of the Nyaka School. The trip was a ride from Kampala, the capital city, into the beautiful, tropical rolling hills of Nyakangyezi. Nyaka was to become a joyful place for many young children who have suffered one of the greatest hardships, especially for a helpless child, the early loss of their parents to a merciless disease, HIV/AIDS. So, you can imagine my pleasure to see the pictures of the hundreds of community members and notables that came out to celebrate the official launching of the Nyaka School once the construction was completed! And more than that, to see the young girls playing soccer wearing their pretty purple school uniforms in the field that was once so silent just waiting for these youthful feet to race across it in play. It was the culmination of a dream to see the picture of the teachers planning their lessons for their students who will see their hopes of being able to go to school fulfilled.

The Nyaka School stands out as a beacon of hope that we can come together to overcome the scourge of AIDS and recover from the havoc it has wreaked on individuals, families and communities in Uganda and in other countries in Africa and around the world. By ensuring that these orphans can go to school, we help to safe-guard the next generation from the worst aftershocks of the epidemic, so that they will be able to provide for themselves and for their future families and to be proud of who they are.



Alice Davis, from Aspen, CO, was a literacy tutor.

### **VOLUNTEER TESTIMONIAL**

**Dr. Deborah Delmer, Former Director of Food Security  
Rockefeller Foundation**

I came away from my visit to Nyaka with a whole new sense of the strength and warmth of Africa. What you are all doing for these children is wonderful beyond description. You and the teachers have succeeded in such a special way—the children are indeed SO happy. And how they sing and dance! They are so amazing. And so are the teachers. It made me cry just to see those wonderful children.

It is very heartening to see Africans making all this happen through their own ingenuity and dedication. Nyaka is a great model for how the African diaspora can mobilize support and work with their partner villages in Africa to make a difference in the lives of so many people in need.



Brad Pontius and Cynthia Parkes from Sherwood Oaks Christian Church in Bloomington, Indiana

## **Volunteer Opportunities for Teens and College Students at Nyaka AIDS Orphans School**

Nyaka is continuously receiving requests for volunteer assignments. Due to the number of requests, we have put together a list of requirements for volunteers. These requirements are not meant to dissuade anyone from visiting and volunteering at Nyaka. However, these requirements are meant to ensure that volunteers take their project seriously and is meant to ensure a better experience for all parties involved. Fulfillment of these requirements is necessary in order to be eligible for volunteering and visiting with Nyaka AIDS Orphans School.

### **ELIGIBILITY and VOLUNTEER EXPECTATIONS**

- 1.) Age 18 years (High school age students or younger can attend but need to be accompanied by an adult or teacher)
- 2.) Can speak and read basic English
- 3.) Secure or can secure funding for your stay. You are responsible for the following costs:
  - \* Airfare to and from Uganda.
  - \* Room and board at the Nyaka Guesthouse (\$10/ day)
  - \* Transportation while in Uganda
  - \* Shopping
  - \* At least one night hotel stay in Kampala
- 3.) BEFORE YOUR TRIP:
  - \* Decide on a time when you would like to visit and determine the length of your visit.
  - \* Decide on a volunteer project in which you want to participate in during your stay at Nyaka.
  - \* Form a Friends of Nyaka chapter in your community to help with building awareness of your efforts and to help with fundraising for your project of choice at Nyaka.
- 4.) DURING YOUR TRIP:
  - \* Follow all Nyaka policies and procedures.
- 5.) AFTER YOUR TRIP:
  - \* Give presentations about your experience at Nyaka.
  - \* Write a testimonial about your experience and provide Nyaka with copies of all photos and videos taken during your stay at Nyaka.

### **TIMING AND SCHEDULE**

Nyaka welcomes volunteers any time of the year. However, for long-term stay, volunteer placement efforts will be made to match up volunteers and their stays to fit with the Nyaka School calendar. Nyaka staff will try to take on volunteers when there are activities going on where they can participate meaningfully.

## BEFORE YOUR TRIP CHECKLIST

1.) Submit a project idea/proposal to Nyaka Project Assistant, Chris Singer ([chrissinger@nyakaschool.org](mailto:chrissinger@nyakaschool.org)). The proposal should include the following:

- \* Requested dates
- \* Your project idea
- \* Plans to start a Friends of Nyaka group in your community
- \* Plans for a fundraiser for your trip and project

2.) Formation of a Friends of Nyaka group in your community and fundraiser for your trip and project

\*\*\* Please note: Chris Singer, Nyaka Project Assistant, is available to help you with ideas, pictures, videos, etc... for your project, including help with the formation of a Friends group and any fundraisers. Chris is also available to give a presentation in your community (time and cost permitting of course). Again, Nyaka wants to ensure that your project and experience is a success for you as well as Nyaka. Please use us as a resource and ask any questions you may have! \*\*\*

3.) Things to do before your trip:

- \* Acquire a ticket for your flight. Expect your ticket to cost between \$1,500 and \$2,000 from USA, North America, Australia, and Asia; \$1,000 and up from Europe. Nyaka staff can put you in touch with travel agents we work with. Your port of destination in Uganda is Entebbe International Airport (code EBB). Contact us if you have any questions or need of advice.
- \* You need a tourist visa to visit Uganda. Ugandan visas are issued at our Missions/Embassies abroad ([http://www.mofa.go.ug/mission\\_abroad.php](http://www.mofa.go.ug/mission_abroad.php)) and also at the Entry/Exit Points (e.g. Entebbe Airport). Underlying the Uganda Visa Policy is the principle of reciprocity (all countries requiring visas for Ugandans are also visa prone in Uganda). For more details, go to: <http://www.mofa.go.ug/immigration.php> .
- \* Visa fees are as follows:
  - STUDENT VISA = US \$20
  - SINGLE ENTRY VISA = US \$50
  - MULTIPLE ENTRY (6 months) = \$80
  - MULTIPLE ENTRY (1 year) = \$160
  - INLAND TRANSIT = \$15
- \* Immunizations: Contact your local county health department or university travel clinic to find which immunizations you may want to consider for your travel to Uganda. Give yourself plenty of time to get immunized (if possible, three to four months before departure). Consult CDC Health Information for Travelers to East Africa at: <http://www.cdc.gov/travel/eafrica.htm>.



Volunteer, Dan Tritch, from Bloomington, IN



Susan Linville, Indiana, USA volunteer and Aoki Mitsuo, Nyaka Ambassador, Japan

- \* What to bring with you to Nyaka: See Appendix A for a packing list of what to bring and not to bring with you to Nyaka.
- \* Other things to think about:
  - \* Travel & Emergency Insurance - If you purchase your tickets on a credit card, you may have some coverage. You may also buy travel insurance separately. Contact our travel agent for details.
  - \* Please contact us about travel arrangements. We have a travel agent we work through for our travel from the U.S. and also a Nyaka partner in Uganda. (See APPENDIX D and E for more details).



Jennifer, an education intern from PEI Univ. in Canada

### **VOLUNTEER TESTIMONIAL**

**Dr. Lucy Y. Steinitz, Ph.D.**

**OPTIONS Consulting in advanced computing,  
HIV issues, and human services  
WINDHOEK - NAMIBIA**

The children who attend the Nyaka AIDS Orphans School are all double orphans, drawn from the poorest of the poor. The Nyaka AIDS Orphans School offers a holistic approach, addressing psycho-social, spiritual, cultural, physical, and the classic 3-Rs. Ultimately, it is hoped, that the best and brightest graduates from the Nyaka School will be able to attend secondary school and go even further, funding permitting. Classes are purposefully kept small (less than half the size of the average government class) in order to provide a more loving atmosphere in which the teachers can develop a relationship with each child.

Moreover, the view from the Nyaka AIDS Orphans School is beautiful and best of all, the spirit of the children and their love of learning came through with more vigor and eagerness than I have seen just about anywhere. You can't help but feel that this is a happy place, full of optimism and promise, even amidst poverty and hunger.

The philosophy at Nyaka AIDS Orphan School is to teach and practice the love of God (so they don't feel completely abandoned, as this was explained); yet all religious traditions are welcomed.

This project is first-class!

### **WHAT TO EXPECT IN UGANDA**

- \* BIC Resources Ltd. is our recommended source for handling your travel arrangements while on your visit to Nyaka and Uganda. Samuel Mugisha, founder and director of BIC will be your personal travel coordinator.
- \* Airport Pick-Up: Kampala is the capital city of Uganda and is about 45 minutes from Entebbe International Airport. You will be met at the airport by BIC staff. You will be taken to Kampala and to your hotel/guesthouse for check in. (This airport transfer will cost about US \$30).
- \* The following day you will be given a Welcome/ Volunteer Orientation that will give you information about Ugandan culture and life at Nyaka. Many of your questions and concerns will be answered before you proceed to Nyaka School.
- \* Nyaka is located in Kanungu District, about 600 km. in the southwestern part of Uganda. The drive takes about 7-8 hours.
- \* Depending on your budget, BIC will recommend and arrange the best transport option for you. Nyaka is accessible by bus. We recommend the first time you travel with a local guide. This bus trip will cost you about \$20 if you travel alone and \$60 if you travel with a local guide who will need to return to Kampala. We can also try to coordinate times with others arriving which in that case would make it easy to pick you and others up at the same time. Sometimes this coordination is possible and sometimes not. But never fear, all will work out. (Note: The Bus trip can be a bit intimidating first time as there are delays of departure, a lot of stopovers, a bit crowded, etc with limited comfort. But imagine the backpacker style then the bus trip will be fun for you especially with a local guide.)
- \* If you do not have budget constraints we recommend you take a hired car with a driver. The car rental option is also advisable when you are traveling to Nyaka for a few days or when combining the trip with lots of safari game viewing activities. The car rental cost in Uganda is unfortunately considerably on a higher side in the region due to Fuel (Gas) cost. However the comfort of travel through the beautiful vast plains, green hills and valleys with the liberty to stop at any spot to have a close look, take a leisurely drive in the nearby park is worth the car rental cost. Car rental cost will be about \$125 per day with a driver (fuel/ gas paid separately) for a standard 4WD. (See APPENDIX D for more information on BIC Tours).

#### \* TELEPHONE/E-MAIL

- \* If staying for more than 3 months, we recommend you bring a mobile phone.
- \* We recommend you use either MTN (<http://www.mtn.co.ug/personal/vas.htm>) or UTL (<http://www.utl.co.ug/utl.php?t=personal&i=1>) which allows mobile phone e-mail or SMS.
- \* BIC can also provide a mobile phone for use during your stay in Kampala (+256-71-305045) at a small rental fee. You would need to buy an international calling card.
- \* For e-mail usage, there are various Internet cafes in Kampala. BIC can arrange and book Internet cafes where can send and check e-mail while in Kampala.
- \* Please be aware that while at Nyaka there is no access to internet or e-mail. For an emergency, you would need to travel about 50-80 kms. to the nearest town with an internet connection.

#### ACCOMMODATIONS AT NYAKA

- \* While at Nyaka, you will stay at the Guesthouse (\$10/day for meals and housekeeping).
- \* Laundry service can be provided at an additional cost. Make arrangements with guesthouse staff upon your arrival. They will let you know what days laundry is done on.

#### FOOD & DRINK AT NYAKA

- \* Uganda has a variety of food and fruits. Traditional foods include banana (matooke), Irish potato, ground nuts, and beans. There are lots of fresh vegetables and fruit (avocados, pineapple, mango, limes, etc...).
- \* Contact Nyaka before your trip for a likely menu of items available for meals at the guesthouse.
- \* Please let Nyaka staff know about any food allergies you have before you go to Nyaka.
- \* Water: Drink only bottled water at Nyaka and in Uganda in general. You should also use your bottled water when brushing your teeth as well. If you have a water filter to use, it may be a good idea to bring it with you.
- \* This may not be necessary to address but please remember that Nyaka has no refrigeration. While at Nyaka, you will not have refrigeration capability so all of your drinks will not be cold.

#### OTHER THINGS TO KNOW ABOUT LIFE AT NYAKA

- \* There is a shower and an indoor toilet at the guesthouse (the shower has cold water though)
- \* Lunch is late (around 1:30) and dinner is around (8:00)
- \* There is only a few hours of solar power. Try and charge your electronic items during the day so it doesn't disrupt electricity in the guesthouse at night.



Volunteer teacher, Brittany Linville, from Indiana University with Martin (P-2 Student). Read her testimonial below.

#### VOLUNTEER TESTIMONIAL

##### Brittany Linville

Although this was my second trip to Nyaka, these children never cease to amaze me. I spent two months teaching English to Primary Six and Primary Seven. I was floored by how hard my students worked. I was also amazed by how much effort that everyone, even those who had trouble in class, put into everything that they did. My students worked harder than any other child I've ever taught. They worked harder than I ever did in elementary school. Working hard produces results: test scores went up and so did homework scores. People may think that these kids should be forgotten, that they are the lost souls in Africa, but one look at Nyaka or Kutamba proves this theory wrong.



Stephen Tabaruka has been with Nyaka since the beginning. He is a jack-of-all trades helping with anything from driving volunteers to refereeing soccer.



Nyaka volunteers Rob & Carol Auld

### NYAKA RULES & POLICIES

- \* All Nyaka volunteers must fill out an application and waiver. Two references must be provided and since much of the volunteer work involves working with children, a background check will also be performed.
- \* All volunteers at Nyaka are required to provide copies of all photos and videos taken while at Nyaka. We also request that all volunteers provide Nyaka with a written testimonial which we can publish on our website and/or newsletter.
- \* **NO** drinking alcohol, using drugs, smoking, and swearing on school grounds. Violation of this policy will result in dismissal.
- \* **NO** giving money to Nyaka children, teachers, and/or community members.
- \* If bringing donated items for children or grandmothers, please give these items to Teacher Alice, Teacher Stephen, or other Nyaka staff. They will then distribute items to those in most need.



Pennsylvania social workers: Clare Strenger & Barbara Kroberger

### VOLUNTEER POLICIES & PROCEDURES

- \* Volunteers are vital to Nyaka and help provide the knowledge and expertise to contribute to our mission and vision. The purpose of these guidelines is to provide overall guidance and direction to volunteers and staff engaged in volunteer involvement.
- \* Nyaka accepts the service of all volunteers with the understanding that such service is at the sole discretion of our organization. A volunteer position is an at-will relationship. Because it is at-will, the volunteer or Nyaka may end the volunteering relationship for any reason at any time.
- \* Volunteers must respect confidential information regarding programs, products, and services of Nyaka to which they are exposed while serving as a volunteer.
- \* Nyaka is committed to providing an environment free from all forms of discrimination and conduct considered to be harassing, coercive or disruptive, including sexual harassment. Actions, words, jokes, or comments based on an individual's sex, race, color, national origin, age, religion, disability, sexual orientation, or any other legally protected characteristic will not be tolerated. Volunteers with questions or concerns about any type of discrimination are encouraged to bring these issues to the attention of a Nyaka staff.
- \* Volunteers and staff are considered to be partners in implementing the mission and programs of Nyaka AIDS Orphans School, with each having a complementary role to play. It is essential each understands and respects the needs and abilities of the other.
- \* Nyaka encourages an open and frank atmosphere in which any problem, complaint, suggestion, or question receives a timely response. If a volunteer has any concerns, please feel free to discuss it with a Nyaka staff.
- \* Volunteer service may end voluntarily or involuntarily. Possible grounds for dismissal may include but are not limited to:
  - \* Gross misconduct
  - \* Being under the influence of drugs or alcohol
  - \* Theft of property or misuse of Nyaka equipment, resources, or materials
  - \* Abuse or mistreatment of staff, volunteers, and/or members
  - \* Failure to abide by Nyaka policies
- \* Volunteers are a vital part of Nyaka. We consider volunteers part of the Nyaka family. We value volunteer contributions and look forward to building long-term relationships for the good of the children.



Nyaka volunteer, Eric Rudd, from Sherwood Oaks Christian Church in Bloomington, IN, showing some young children from the village their picture

#### **AFTER YOUR TRIP**

We, at Nyaka, have no doubt that you will have a life-changing experience while volunteering at Nyaka School. What we hope for from volunteers upon their return home is to be motivated to remain active in building awareness about Nyaka in their community. We hope you will continue to coordinate a Friends of Nyaka group in your community and that you will give presentations about your experiences at Nyaka. We also hope that you will engage your community in a fundraising project around a particular Nyaka program that touched you.

Here are some examples of what some communities have done:

- \* Farmington, NM - Yearly collection from Sacred Heart Parrish with funds going toward a designated program.
- \* Aspen CO Friends of Nyaka - Raised money for the construction of Kutamba School.

- \* Indiana Friends of Nyaka - Raised \$50,000 for Nyaka capital projects in the past 4 years.
- \* McDonald Middle School Friends of Nyaka - Raised \$390 for solar lamps for Nyaka students.

The opportunities for helping are endless and Nyaka staff are a resource for you to help in your efforts.

#### **CONTACT INFORMATION**

Please contact Chris Singer, Communications Manager for Nyaka AIDS Orphans School with questions about volunteering at Nyaka.

E-mail: [chrissinger@nyakaschool.org](mailto:chrissinger@nyakaschool.org)

Phone: (517) 862-0118

Address: Nyaka AIDS Orphans School  
P.O Box 339  
East Lansing, MI 48826 USA

# **APPENDIX A: PACKING LIST FOR NYAKA & UGANDA**



## WHAT TO BRING

### 1.) Essentials:

- \* Passport
- \* Sunglasses
- \* Bug spray
- \* Toilet paper
- \* Hand sanitizer
- \* Flashlight/batteries
- \* Cash (remember 50s and 100s newer than 2000)
- \* Immunization Card
- \* Sunscreen (at least SPF 30 - you're on the equator)
- \* Chapstick
- \* Hat
- \* Wet wipes (these come in handy too)
- \* Medications

### 2.) Clothing:

- \* Shorts/Pants
- \* Undergarments
- \* Pajamas
- \* Rain jacket
- \* Long skirts form women (in case you are asked to dinner or are going to church - it is custom for women to wear shorts)
- \* Shoes (good tennis shoes or hiking shoes if that's what you prefer)
- \* Sandals (good for just walking around the school and the guest house)
- \* Enough shirts for everyday there
- \* Socks
- \* Sweater/sweatshirt (gets chilly at night)

### 3.) Toiletries:

- \* Shampoo/conditioner, soap, toothbrush, toothpaste, hairbrush, deodorant, lotion, nail clippers
- \* Towel/washcloth

### 4.) Other:

- \* Pillow
- \* Clock/watch
- \* Power converters if you are bringing items from America that will need to be charged (remember - they use a different voltage than we do - same voltage as the UK)
- \* Snacks (granola bars, protein bars, peanut butter – bring items with protein to help supplement your diet as you won't eat as much meat as you are used to)
- \* School supplies for yourself if you think you will need them (the school doesn't have extras for visitors)
- \* Pictures of your family (People will ask you about your family - they'll love to see a picture!)
- \* Book or something to do at night
- \* Journal to keep notes about your trip

## WHAT NOT TO BRING

### 1.) Electronic items:

- \* I-Pods, Cell Phones, Mini-DVD players, PSP's or other hand-held game systems, laptop computers (More trouble than they are worth. No place to plug them in and all the kids will be after you if they know you have one. Cell phones won't work in Uganda and even if they did - your phone company will charge you an arm and a leg for every call.)

### 2.) Certain personal care products:

- \* Hair dryers, hair straighteners, curling irons, etc... - no place to plug them in
- \* Makeup - No one wears it there and no one will care if you aren't wearing any

### 3.) Expensive clothing, purses, luggage, etc... - you will get dirty and dusty and gross - no point in bringing your Gucci, Prada, or Louis Vuitton

# **APPENDIX B: VOLUNTEER APPLICATION**



## VOLUNTEER APPLICATION FORM

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Country: \_\_\_\_\_ ZIP \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_

E-mail: \_\_\_\_\_ Age: \_\_\_\_\_

Passport #: \_\_\_\_\_ Issuing Country: \_\_\_\_\_

Social Security (for purposes of background check): \_\_\_\_\_ Birthdate: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### Educational Background & Experience

List your highest level of educational attainment:

\* High School 9th\_\_\_\_ 10th\_\_\_\_ 11th\_\_\_\_ 12th\_\_\_\_ Graduate\_\_\_\_

\* College 1st year\_\_\_\_ 2nd year\_\_\_\_ 3rd year\_\_\_\_ 4th year\_\_\_\_

Degree: \_\_\_\_\_ Graduation year: \_\_\_\_\_

\* Post-Graduate/Doctoral

Masters: \_\_\_\_\_

Doctorate: \_\_\_\_\_

\* Other

\_\_\_\_\_  
\_\_\_\_\_

Major fields of study:

- |                                       |  |   |
|---------------------------------------|--|---|
| <input type="checkbox"/> Agriculture  | <input type="checkbox"/> Business        | <input type="checkbox"/> Education              |
| <input type="checkbox"/> Environment  | <input type="checkbox"/> Health          | <input type="checkbox"/> Nursing                |
| <input type="checkbox"/> Science/Math | <input type="checkbox"/> Non-profit Man. | <input type="checkbox"/> Social Work/Counseling |

Other (please list below):

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Any experience in the following areas:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Agriculture           | <input type="checkbox"/> At-risk youth     | <input type="checkbox"/> Business           |
| <input type="checkbox"/> Community Development | <input type="checkbox"/> Construction      | <input type="checkbox"/> Education/Tutoring |
| <input type="checkbox"/> Health                | <input type="checkbox"/> Information Tech. | <input type="checkbox"/> Non-Profit         |

Describe your experiences in the above areas:

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**Questions regarding Nyaka AIDS Orphans School**

How did you learn about Nyaka?:

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Why do you want to volunteer at Nyaka?:

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What is your idea for a project you would like to do at Nyaka?:

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What are your plans for the formation of a Friends of Nyaka group in your community/school/church?:

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When would you like to do your volunteer project at Nyaka?:

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## References & Waivers

Please give two references (one personal and one educational/professional):

1.) Reference:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

2.) Reference:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please read and sign:

I, \_\_\_\_\_, promise that he/she for himself/herself, his/her heirs, executors and assigns, agrees to release and hold harmless the Nyaka AIDS Orphans School, its agents and employees, for all harm, accidents, personal injury or property damage suffered by him/her or the volunteer applicant as a result of the volunteer applicant taking part in the aforementioned program activities.

VOLUNTEER NAME (PRINT): \_\_\_\_\_

LEGAL GUARDIAN NAME: \_\_\_\_\_

(if volunteer applicant is under 18 years of age)

VOLUNTEER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

I have read this manual and understand the outlined policies and procedures for Nyaka AIDS Orphans School and STSAD Inc. I agree to adhere to all Nyaka policies and procedures. I understand that if I do not follow these policies and procedures, that I am at risk for dismissal from the Nyaka Volunteer Program.

VOLUNTEER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

I hereby certify that I have never been arrested for or convicted of any felony or misdemeanor involving sexual or physical abuse of any adult or child. I authorize Nyaka AIDS Orphans School to obtain my criminal records.

VOLUNTEER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

# **APPENDIX C: UGANDAN CULTURE**



## Cultural Items to Be Aware of in Uganda

### 1.) Concept of time

- \* Ugandan (and Africa in general) concept of time varies greatly from American and Western concepts of time. Most Ugandans will not keep time. Quite a few may have the watches on their hands, but may tend to look at the sun instead. A 1:00 PM appointment may mean general lunchtime between noon to 2:00 p.m. One, therefore, needs to be very empathetic when making critical appointments in order to avoid disappointment. Most people will come one hour or so late. It is partly cultural, but also greatly depends upon events or any limitations (e.g. in the event of a rainfall, people may be delayed for as long as it lasts, because people won't walk in the rain).

### 2.) Religion

- \* Uganda has a fairly conservative Christian/Muslim society. Most Ugandans go to church/mosque regularly and consider religion an important part of a moral society.
- \* According to the 2002 census: 83.9% Christian / 12.1% Muslim / Other 3.1% / None 0.9%)
- \* Remember to never criticize religion in the presence of an Ugandan.

### 3.) Greetings and dealing with people

- \* In Uganda, people will greet each other with the exchange, "Hello, how are you?" In response, most say, "Fine n' how are you." Remember to greet people before asking them a question. If you dive in with a question without this greeting, it is considered rather rude.
- \* Don't be surprised if you see two men holding hands. This is not a sign of homosexuality (which is forbidden by law). Rather, good friends often do this as it is a sign of friendship.
- \* People either use both hands to shake, or place their other hand on the inside of their elbow.
- \* Whites are called "Mzungu." People will use it like a name when talking to you on the street (Hi Mzungu, how are you?). You will especially see this in rural areas with kids waving and shouting out "Mzungu! Mzungu!" from every direction. It's just a descriptive term without any negative assessment attached to it. It does take some getting used to, especially coming from a culture where calling someone by their skin color isn't very healthy for you! Ugandans are friendly and helpful people. They often see a Mzungu as objects of curiosity.
- \* Children are especially curious of Mzungu people. Often, they will run up to you to shake hands and follow in a line behind you sometimes. This is normal. Don't be nervous about it.

### 4.) Picture-taking

- \* Ugandans generally enjoy getting their picture taken. As with most cultures, it's always polite to ask first.
- \* Visitors are advised not to take photographs of military or police personnel. Also, do not take photographs at official sites. If you have any doubts, ask first.

### 5.) Males

- \* Uganda (and Africa in general) is a male-dominated culture. Women will, for example, kneel down when greeting men! This is not expected of visitors (black or white) when they are in Uganda.

### 6.) Tell stories

- \* Ugandans are very intelligent and philosophical. Refrain from being condescending. Ugandans are very well organized, though it may not look like it to you. Accept their way of doing things.

### 7.) Shopping

- \* You will be given an opportunity to purchase souvenirs in Uganda. Prices for whites are generally offered at 25-50% higher rates. As a result, it is good to have a Ugandan friend

with you, or to bargain yourself. Consider getting small gifts for your family members and donors. Compare prices, since they vary in many places. Many items are to be found cheaply outside of Kampala as well.

### **Basic Security Tips while in Uganda**

1. Don't flash a lot of cash in public
2. Don't wear a lot of expensive jewelry
3. Don't lean out of a car window with an expensive camera in a crowded area where someone could snatch the camera and be gone before you knew what was happening
4. Don't travel by yourself in strange places
5. Don't eat or drink anything a stranger offers you unless it is safety sealed
6. Don't leave valuables in the open where just anyone can see them
7. "Don't keep all your eggs in one basket." This simple axiom applies to most areas of life. Valuables should be disbursed in a billfold/purse, a fanny pack, a hidden pouch and/or a money belt. In this way, if one item is lost or stolen, all is not gone
8. Don't keep valuables in your wallet/purse that are seldom needed (i.e. Social Security Card, credit cards to businesses you only shop at once or twice a year, etc)
9. When traveling overseas, carry only those items that you know you potentially need and will use (e.g. leave your local health club pass card at home, they probably don't have a branch in Uganda)
10. Consider a credit card from a company that digitally inserts your photograph and signature on the card as an added measure of security
11. Make a list of the serial numbers of your large cash bills. If they are stolen and if the authorities should catch the thief (a very big if even in the US), your having a list of the serial numbers would surely reduce the "your word against his" argument

**APPENDIX D:  
BIC TOURS & TRAVEL INFORMATION  
FOR FIRST TIME TRAVELERS TO UGANDA**



**BIC TOURS & TRAVEL  
Travel Planning & Coordination**

P.O. Box 29878 Kampala, Uganda

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**Email:**

**[info@africantraveladvisor.com](mailto:info@africantraveladvisor.com)**

**Website:**

**[www.africantraveladvisor.com](http://www.africantraveladvisor.com)**

**Specialising in Tailor-Made Project/  
Business, Adventure, Safari and  
Vacation Travels**

**Owned & Operated by:  
Samuel Mugisha**

## Introduction

BIC Resources is a registered Travel agency in Uganda specializing in tailor made business, project, volunteer, safari and vacation travels. BIC has offered travel services to Nyaka Volunteers, visitors and officials who traveled to Uganda since 2001.

Samuel Mugisha the founder of BIC is a member of the Nyaka National Advisory Board in Uganda.

## An Exciting Opportunity to Discover & Enjoy Uganda

BIC Welcomes you to Uganda the "Pearl of Africa": Join our Exciting, Fun and memorable **Uganda Discovery Tour Packages**. Discover the secrets that makes Uganda the Pearl of Africa; Uganda's sheer greenness, Endless lakes, Rivers, waterfalls and wetlands Uganda has the greatest variety of primates anywhere in Africa, including chimpanzees and the famous Mountain Gorillas.

The Blue Waters of Lake Victoria Funneling into River Nile is one experience you will not want to miss in our Jinja City Tour.

You will Enjoy Safari Drives for Excellent Game Viewing, Take Boat Trips to enjoy Taking Photos of Natural Wild Game at a Close range in Queen Elizabeth & Murchison Falls National Parks.

You will Learn & Enjoy Uganda's **cultural diversity & History** through our **City Tours** that include Live **Cultural Dance and Performances**.

For the adventurous, enjoy breath taking White Water Rafting near the Source of River Nile in Jinja, Climbing Mt. Rwenzori at 5109m or Mt Elgon at 4,321m. It is Fun & above all it is **Safe with Adrift Uganda**.

**Our AIM** at BIC is to offer Concrete & SIMPLE Information to help as many people as possible to **Discover** Uganda; **EXPLORE more** of Uganda;

**EASILY PLAN** a trip to Uganda, **Enjoy a trip** to Uganda the Pearl of Africa.

## Why Would You Choose Uganda For Your Next African Trip?

In 1908, Churchill, the British Governor, on his All Around African trip could not have bet words than describing Uganda as "The Pearl of Africa"

Uganda is a great travel destination all year round. Each season has its advantages, and each area has its best moments ranging from high mountains, Savannah plains, Equatorial Rain Forests, Fresh water Lakes & the Longest River Nile. The Equator, the mountains, the jungles and the wide variety of Wild Animals are all factors that make a trip to Uganda, pleasant, fun and offering deep African Experience. The Weather, Vegetation, landscape, animal concentration and the polite friendly people of 57 tribes of Ugandan culture, are the main factors make Uganda one of the best African Safari & Ecotourism travel destination.

## Uganda's Best Tourist Treasures

- Gorillas in the Mist; 500 Of the 700 total Remaining Mountain Gorilla are found in Bwindi & Mgahinga National parks in South Western Uganda.
- Primates Safaris & Lots of Birding Experience; Tree Climbing Lions in Ishasha Sector of Queen Elizabeth National Park, Chimpanzee in Kibale National Park & Ngamba Island on Lake Victoria, Elephants, Forest Warthog, Shoebill Stork in Murchison Falls National Park.
- The Source of River NILE; World's Longest River from Uganda to Egypt (6,825 km) offers the best White Water Rafting in the world
- Lots of Fresh water lakes, rivers, crater lakes; Uganda owns 2/3<sup>rd</sup> of the World's 3<sup>rd</sup> Largest Lake Victoria (69,500 sq km)
- Uganda has one of the Largest Mountain Ranges in Africa Rwenzori Mountains, Highest peak at 5110m; though along the equator has snowcaps all the year round!
- Sheer green vegetation & Comfortable Climate; Uganda is Crossed by the Equator but with its high altitude & great vegetation cover enjoys average annual temperature of 22C degrees
- Rich Culture; Enjoy Excellent Hospitality by the 57 tribes living Uganda offers the greatest cultural travel experience to visitors.

## BIC OO1: Kampala City (One Day): Sightseeing & Cultural Experience

Featuring Bahai Temple, Namugongo Christian Martyrs Shrine, Kasubi Tombs, Uganda Museum, Makerere University School of Fine Art, cultural village at the Uganda. Visiting the Cultural Village is like visiting the whole of Uganda. You will see different house structures for more than ten tribes in Uganda. You will be amazed by the interior & exterior of each house. A visit to Nakasero markets provides an opportunity to shop for organic tropical Fresh Fruits. End the day with a cultural performance at Ndere Centre in Ntinda or at African Village. Expect to see and enjoy Ugandan Live music and dance performances.

## BIC 002: Entebbe & Ngamba Island (1 Day): Adventure, Sport and Wildlife Experience

Meet 6:30 Am in Kampala to be able to catch up with the Bat launch briefing at 8:30 am departing at 9:00am. Drive from Kampala to the Ancient town Entebbe. Arrive at Uganda Wildlife Education Centre by 8:30am. Meet with G& C Tours for briefing. Board the speed boat for Chimp Island at 9:00am to Ngamba Island for Chimpanzee viewing. Return to Entebbe at 1:00pm and head for Lunch at hotel of preferred choice (Windsor Lake Victoria Hotel, Botanical Beach Hotel or UWEC Picnic Lunch.) Connect to Uganda Wild Life Education Centre; Expect to see a variety of wildlife in their summarized wildlife. Take ½ Hours with the animals in the zoo. Continue to the Botanical Gardens where you will see a variety of butterflies & a variety of Birds. Enjoy the Endless view of Lake Victoria. In the evening drive back to Kampala dropped off at your residence or hotel.

## BIC 003: Jinja & Source of River Nile (1 Day): While Water Rafting, Cruising, & Bird Watching

Explore your Imagination & and test your adventure spirit in this one day in this full day trip to the Source of the River Nile Jinja, 50kms from Kampala. Enroute expect to see beautiful tea & sugar plantations in Lugazi. Lunch is taken after a fantastic mid morning boat ride and or bungee jump, or grade 5 white water drive. Experience the **cool breeze** at the source of the longest River in Africa River Nile. In Jinja, visit the source of the Nile, Bujjagari falls, and optional white water rafting with Adrift Uganda. Also expect to see cultural performance with the Basoga dance groups. Boat riding with Jinja sailing club is one experience you cannot afford to miss.

On return journey there is stop at Mabira Forest where bird watchers will delight in the fantastic array of birdlife among the acacia trees. While you take nature walk in the Forest, expect to see Monkeys.

## BIC004: Murchison Falls National Park: (2 Days/1 Night); Excellent Game drive, White Nile Falls at a Close range in Boat Drive & Lots of Fun

**Location & Time Estimates:** 300km North West of Kampala (6 hour drive)

Murchison Falls National park is the largest park in the country and it is traversed by the great Nile River which provides with unique falls (by which the park derives its name). A visit to the top of the falls offers a spectacular experience where several million gallons of water squeeze in a hardly 7 meter gap before it plunges into thunderous echo falling down 40 meters. At the White Nile Falls, the Victoria Nile contracts to a mere 6 metres, resulting in a waterfall of astonishing power and one of Uganda's most spectacular sights.

### Itinerary

Day 1: Depart Kampala in the early morning and drive northwards for Masindi. Have an Early Lunch at a hotel of choice in Masindi town. Drive the southern Route to catch up the Launch Trip at 2Pm. Three hours Launch trip hike the fall & be picked from the top of the fall. A boat cruise upstream to the bottom of the falls is amongst the unforgettable experience the park has to offer giving the opportunity to view giraffe, elephants, schools of hippos, crocodiles, buffaloes, lions, leopards and an abundance of birdlife including the famous shoebill stork. This park offers typical African safaris.

Drive to Para Safari Lodge for supper & overnight.

Day 2: After Breakfast drive through the scenic Northern Route. Explore the Parks amazingly high concentration of game. Stop over at Budongo Forest Reserve for a mini- chimp trek at Kaniyo Pabidi (Both Park Fee & Chimp Track fees apply). Expect to see other primates including giraffe, lions, leopards, elephants, buffaloes, hartebeests and many more. Drive back to Kampala & drop off at residence or hotel.

## BIC005: Kibale National Park (2 days/1 night); Chimpanzee Trekking, Nature walk & a spectacular birding experience

**Location & Time Estimates:** 350km west of Kampala (4.5 hour drive).

Best known for its chimpanzees, the park is home to 13 primate species - the greatest variety and concentration in East Africa - and numerous forest birds. Several habituated chimpanzee families provide the focus for excellent tracking. With more than 30 crater lakes, it is a great place for hiking.

### Itinerary

Day 1: Depart Kampala early morning for Fort Portal. Stop over for Lunch at The Gardens in Fort Portal. Afternoon take a spectacular game drive in the Kibale Forest in the search of Birds. Proceed to an evening Dinner, and overnight at Kanyanchu.

Day 2: After breakfast we visit Kibale Forest National Park, reputed to have the greatest variety and highest concentration of primates in East Africa. Take a guided nature walk in the tropical rainforest in search of the wild chimpanzees, red-tailed monkeys, black and white colobus monkeys and many other primates. After lunch, explore the Crater Lake region, which has more than 30 crater lakes. Depart for Kampala, arrive late evening. Drop off at residence or Hotel.

### BIC006: Lake Mburo National Park (1 day); Excellent Game Drive, & Lots of Fun at the Equator

**Distance & Time Estimates:** 250km South West of Kampala (3.5 hour drive). With a varying landscape of open plains, acacia grasslands and marshes this park is home to a huge array of flora and fauna. About 68 different species of mammals can be found within its 260km<sup>2</sup>. The park also has approx. 313 different species of birds including Uganda's national emblem, the crested crane.

**Itinerary:** Depart Kampala early morning. Arrive at Lake Mburo at about 10:00am. Brief 30 minutes by park headquarters. Start Game drive. Return to Kampala late evening. Stop over at the Equator for fascinating equator experiments and craft shopping. Drop off at place of residence or Hotel.

### BIC007: Bwindi Impenetrable Forest National Park (3 Nights/4 Days Gorilla Tracking, Jungle Walk, Bird Watching, Bunyonyi Lake Boat trip

**Location & Time Estimates:** 530km south west of Kampala (8.5 hour drive). Located in South west of the country, on the edge of the Western Rift Valley Bwindi NP is home to half of the world's remaining 600 mountain gorillas and other primate species (including chimpanzees and black & white colobus monkeys), as well as many mammals (including elephant, leopard, bush pig, giant forest hog). There are also 202 species of butterfly. Among the 300+ bird species are several endangered and localised varieties.

#### Itinerary:

Day One: Morning departure for the south with stops at the craft village at the Uganda Equator for pictures and shopping. Have lunch at the Rwizi Arch Hotel in Mbarara. Proceed through the beautiful evergreen banana plantations and Farmland in Bushenyi, through Rukungiri to Kanungu District. Arrive late evening for dinner and overnight at Buhoma Homestead.

Day Two: Early breakfast at 7:00am. Briefing by park ranger guides. Later with packed lunch, Gorilla trekking starts at 8:30am. It takes about 6 - 8 hours of trekking to find the Mountain gorillas. The tracking starts at the area where the gorillas were the previous day. After a full hour with the gorillas, return to your accommodations for dinner and overnight

Day Three: After breakfast, transfer to Kabale for lunch at Bunyonyi overland Camp. Afternoon join the boat ride on Lake Bunyonyi enjoy good scenery of Kabale hills referred to as the "Little Switzerland". Late evening enjoy campfire and a drink in the cool breeze of Kabale.

Day Four: Depart early morning for Lake Mburo National Park. Arrive in time for a boat drive for excellent game viewing in the park. Game in the park includes; Zebra, Impala, Eland, Topi, Hippo and a variety of woodland bird species. After lunch, depart for Kampala.

## BIC008: Queen Elizabeth National Park (3 Days/ 2Night); Incredible Biodiversity, Game Drive, Boat Launch, Equator

**Distance & Time Estimates:** 435km south west of Kampala (5.5 hour drive).

Queen Elizabeth National Park has more mammals than any other Ugandan park and a diversity of ecosystems (acacia grasslands, papyrus swamps, rainforest, and volcanic crater lakes) to thrill any naturalist. The Ishasha sector of the park is home to a famous population of tree-climbing lions. The Maramagambo Forest has a number of flamingo-lined crater lakes and the 100-metre deep Kyambura River Gorge is the setting for an excellent game walk to see habituated chimpanzees. Lying across the Equator, this 1,978km<sup>2</sup> park is bordered to the South West by Lake Edward and to the Northeast by Lake George with the Kazinga Channel connecting the two.

High on a peninsula overlooking the Kazinga Channel between Lakes Edward and George, Mweya Lodge has one of the most beautiful views in Uganda and a feel of true African Wildlife. The lakeside location of the luxury Jacana Safari Lodge is impressive and ideal for visiting all the northern and southern sectors of the park.

### Itinerary:

**Day One:** Depart Kampala early morning heading for Mbarara. Stop over for Lunch at Rwizi Arch Hotel. Proceed to Queen Elizabeth National Park. Enjoy a good panoramic view with banana and tea plantations, with lots of crater lakes in Bushenyi District. Late evening boat launch at Kazinga Channel Good opportunity for photography. Dinner & overnight at Mweya Safari Lodge.

**Day Two:** After breakfast, with packed picnic lunch, take an early morning game drive up to Ishasha Sector. Expect to see tree climbing Lions. Take a fancy drive through Maramagambo Forest. Retire for dinner & overnight at Jacana Safari Lodge.

**Day Three:** After breakfast, take a breath taking nature walking Safari along Kyambura Gorge. This is the home of many chimpanzee and good for forest walk. After Lunch at Jacana Safari Lodge, drive back to Kampala having a stop over at the Equator for fun and shopping for crafts & souvenirs. Arrive in Kampala late Evening drop off at Hotel or place of residence.

## Great Services at Affordable Prices; Ranges from Luxury, Mid-Range to Budget

BIC knows how a trip to Africa can be stressful with highest Air ticket Price; Predetermined Park Entrance Fees; High Car Rental Fees with Equally the highest Gasoline (Fuel) Prices. We will therefore carefully select and recommend travel services based on your(Client's) Budget & preferences. However we are mindful of your Safety, and the opportunity for maximum Trip Enjoyment in Africa.

For **Top End Tour Prices**, Accommodation is in Five Star Hotels in cities, luxury lodges and Tented Camps inside National Parks; For **Mid Range & Budget Tour Prices**, Accommodation is in Local Hotels, Uganda Wildlife Authority (UWA) Bandas with Clean & Safe Environment, Showers and a Mosquito Net.

In All **Overnight Tours**, we ensure that All Meals are provided on safari; breakfast, Lunch & Dinner. Soft drink Included on every Meal. SAFE & CLEAN Mineral Water always Available for your Enjoyment.

## Our Hotel List

### KAMPALA HOTELS & Guest Houses

1. SHERATON HOTEL KAMPALA <http://www.starwoodhotels.com/sheraton/property/rooms/index.html?propertyID=410>
2. Serena Hotel Kampala <http://www.serenahotels.com/uganda/kampala/rates.asp>
3. SPEKE RESORT MUNYONYO <http://www.spekeresort.com/>
4. Imperial Royale Hotel [http://www.imperialhotels.co.ug/improyale\\_accommodation.htm](http://www.imperialhotels.co.ug/improyale_accommodation.htm)
5. Grand Imperial Hotel [http://www.imperialhotels.co.ug/grand\\_imperial\\_accommodation.htm](http://www.imperialhotels.co.ug/grand_imperial_accommodation.htm)
6. HOTEL AFRICANA <http://hotelafricana.com/accomodation.htm>
7. Mamba Point Guest House <http://www.mamba-point.com/>
8. The Boma Guest House
9. Namirembe Guest House
10. Makerere University Guest House

### COTTAGES, RESORTS & LUXURY TENTED CAMPS UP-COUNTRY

11. Mweya Safari Lodge; Queen Elizabeth National Park
12. Jacana Safari Lodge; Queen Elizabeth National Park
13. NILE SAFARI CAMP; Murchison Falls National Park
14. VOLOCANOS TENTED CAMPS; Sipi Falls Mt. Elgon National Park
15. MANTANA LUXURY CAMPS; Mgahinga National Park
16. BUHOMA HOMESTEAD; Bwindi Impenetrable National Park
17. RWENZORI VIEW GUEST HOUSE; Kibale National Park
18. BUNYONYI SAFARIS RESORT; Lake Bunyonyi Kabale

### Detailed Attention to Quality Service; Personal Touch

With BIC, You will feel free and enjoy interacting with friendly English staff; Tour Leaders, Experienced, well disciplined Drivers and Field Tour Guides, in National Parks & Boat Launches, Waiters, Waitresses & chefs in Hotels, & EXPERIENCED White Water Rafting, bungee Jumping & Kayak Instructors. Your Safety while on Trip is top priority with BIC.

Whether individual or group tour, you will receive constant feed back by our dedicated staff. You will have a Tour Leader specifically assigned to your trip to answer your questions as they come up.

Friendly tour leaders will handle all your travel bookings with efficiency; the kind that makes your trip hassle free. The Staff/Guide assigned to you will keep you updated on every finest detail of your planned and booked trip. Ask as many questions as you have so you can maximally enjoy your Trip to The Pearl of Africa!

You'll feel the energy and sense of excitement that can only come from a Native Tour Leader who was knows every detail about the culture, geography and languages of the areas you will be traveling to during your trip. No worries. No cultural shocks! The specialized Park Rangers and guides, Gorilla Trekking Experts have are all received good training and have over time mastered the art that will make your field Experiences with animals in the wild, birds in the jungles an pleasant and memorable experience.

## Well Maintained, comprehensively Insured Vehicles; Your Safety in Hands of Professional Drivers

BIC has chosen to secure the services of a dependable car rental company who have been selected for their service excellence, reliability and value, so that BIC can concentrate on the finer details of the clients needs and interests.

BIC values the importance of your comfort and peace of mind while you travel during the trip. Over speeding vehicles on Africa's bumpy roads, can really be stressful and rob you of the chance to enjoy your rather well planned trip. With this in mind BIC has, since 2004, secured the services of a dependable car rental company; AFRICA RUNNERS EXPRESS CO.LTD and we can promise the best inland travel experience on the roads of Africa with ARC partner staff.

Founded by Japanese and Ugandan partners in 2001, ARC has emerged as a trusted source of safe, comfortable up county, city and across the boarder drives in East Africa. The Drivers have been trained in both time management and professional driving as well as field guiding. Our partnership with ARC since 2004 will go a long way to give you peace of mind while you drive through the rather narrow national trunk roads, safari trekking in national and long distances across the boarders.

We choose the type of vehicles depending on the nature of the itinerary, number of travellers in the same group. The choice includes;

- Saloon/Sedan Vehicles; Comfortable 4 Seater less that 2000cc vehicles
- Airport Shuttles: Spacious 5-8 sweaters with enough luggage space.
- 4WD Min Vans; Suitable for groups from 5 to 12 Group Travels in the city and national Parks
- 4WD Landcruiser; Powerful SUVs for Safari and hard terrain journeys

**APPENDIX E:  
RECOMMENDATIONS REGARDING  
BOOKING YOUR FLIGHT TO UGANDA**

Contact info:

Classic Travel  
4767 Okemos Rd.  
Okemos, MI 48864  
Phone: (800) 643-3449  
Fax: (517) 349-6656  
E-mail: [info@classictravelusa.com](mailto:info@classictravelusa.com)

If traveling from the United States, Nyaka AIDS Orphans School endorses booking your flight reservations through the services of Classic Travel in Okemos, Michigan.

Joy Thrun, President, of Classic Travel, will provide you with the attention and care you deserve in making your travel arrangements to and from Uganda.

She will not only help you with booking your flight but will provide you with excellent advice on obtaining travel and health insurance to give you piece of mind.

Visit [www.classictravelusa.com](http://www.classictravelusa.com) to learn more.